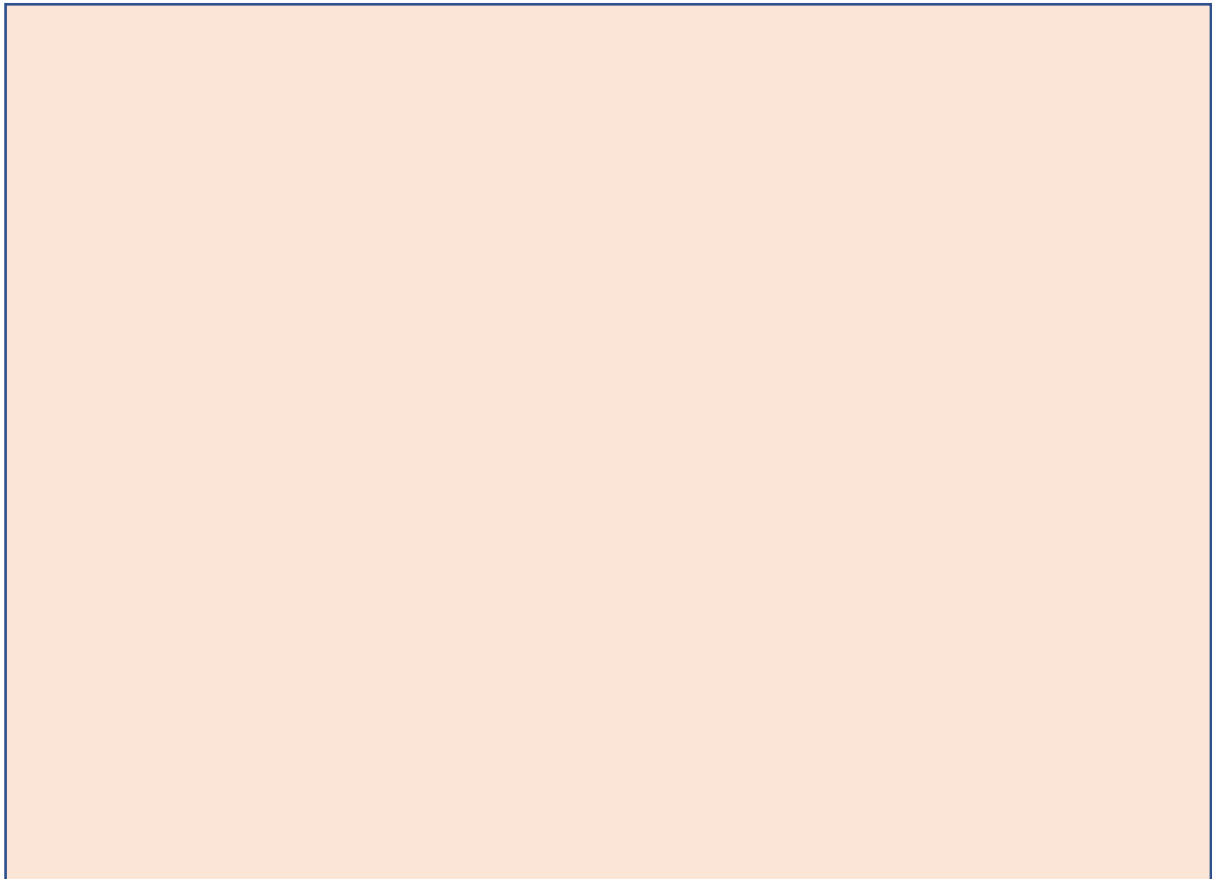


Talk: -The importance of trying new things

Why do you think it is important to learn new things?



- You become the best version of yourself you can be.
- You find out what you are good at.
- Helps you to build your confidence.
- All of your other skills become better for it.
- You might decide to do it as a career.
- When you are deep in thought, learning, you are actually tuning out the world around you so it is a stress relief [even if it might be really hard]
- It's a good way to be social.
- You can have fun with it.
- You learn about the world around you.
- You could be an innovator and find a new way to do it!